



African Constellations

Systemic Coaching Constellations: When I grow, my client grows

What to expect

This systemic seminar will give you the opportunity to reflect on the topics and challenges you face in your work, bringing to the surface the hidden dynamics of the systems you work with and that you are a part of. The seminar aims to enable you to continue your work with more insight and a clearer idea of what could be helpful and healing.

Leadership in systemic coaching means knowing the difference between control and inner strength. It means being able to make the choice between leading from the front, or leaning back and letting the client / team develop their own identity. A systemic coach doesn't solve problems, but awakens potentiality (or names the absence of it, in order to serve the bigger system). They develop a language that supports movement in the wider system, not just in the individual.

What you will gain

- how to identify the next step in the development of your client / team
- how to enhance your inner strength and quietness to stay present with the turbulence in the client / team
- focusing on safety, contact and courage as a resource of growth
- to distinguish the family system from the organisational system
- tasks before & after the coaching to intergrate the insights of the journey and bear the fruit of it.

Who can attend

Coaches, Facilitators, Organisational Development Practitioners and Trainees of Family and Systems Constellations.

Date: March 16 + 17,
2018, 9am till 5pm on
both days

Venue: Suddie Close,
Zwaanswyk, Cape Town
South Africa


Cost: R3500
Early Bird: R3200 till
end Jan 2018
(Lunch is catered)




RIA
VERLINDEN

Ria has been a Gestalt trainer, supervisor and therapist for 30 years. She is a former member and a trainer at the Gestalt Institute Multidimens in both Belgium, The Netherlands and Czech Republic, and the founder of the Gestalt Institute in Prague (1991). Today she still works there as a senior trainer and supervisor. Ria trained in systems constellations with Judith Hemming, Hunter Beaumont and Bert Hellinger, mostly in London. These days she has a coaching practice, but her main work is training, workshops and team development from the systemic perspective. Her first constellation workshop in South Africa was given twenty years ago. Methodology: Gestalt coaching, systemic work / constellations, systemic rituals and real-life client case studies

DETAILS

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